

Cookie Policy

Effective Date: 30 June 2026

This Cookie Policy explains how Positive Lifestyles (Porthcawl) uses cookies and similar technologies when you visit our website.

What Are Cookies?

Cookies are small text files placed on your device when you visit a website. They help websites function correctly, improve user experience and provide information about website usage.

How We Use Cookies

Our website uses cookies to:

- Ensure the website functions correctly.
- Improve website performance.
- Remember user preferences where applicable.
- Help us understand how visitors use our website.
- Enhance security.

Types of Cookies We Use

Essential Cookies

These cookies are necessary for the operation of the website and cannot normally be disabled.

Examples include cookies that:

- Keep the website secure.
- Enable navigation.
- Remember basic session information.

Analytics Cookies

These cookies help us understand how visitors interact with our website so that we can improve its performance.

They may collect information such as:

- Pages visited.
- Time spent on pages.

- Device type.
- Browser type.

Where used, analytics data is aggregated and does not normally identify individual visitors.

Functional Cookies

These cookies remember preferences and improve your browsing experience.

Third-Party Cookies

Some services integrated into our website, such as Google Maps, embedded videos or social media content, may place cookies on your device.

These third parties have their own privacy and cookie policies.

Managing Cookies

Most web browsers allow you to control or delete cookies through your browser settings.

You can choose to block or remove cookies at any time. Please note that doing so may affect the functionality of some parts of the website.

Wix Cookies

Our website is hosted on the Wix platform. Wix uses certain essential cookies to ensure the proper operation, security and performance of the website.

More information about Wix cookies can be found in Wix's documentation.

Changes to This Cookie Policy

We may update this Cookie Policy from time to time.

Any changes will be published on this page together with the revised effective date.

Contact Us

If you have any questions about our use of cookies, please contact:

Positive Lifestyles (Porthcawl)

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